

TMJ QUESTIONNAIRE

Please answer ALL questions

For patients with TMJ/jaw pain, please be aware that if a temporary device is fabricated for you at your initial visit or a follow up visit, there will be a fee associated. Fees range from \$20 to \$125 and will be due at the time the device is made.

1. Name _____ Age _____ Date _____

2. Which of the following do you have (circle all that apply)

Headaches Neck pain Jaw pain Ear pain Facial pain Other _____

Which side hurts (circle one) Right Left Both

3. How long have you had this pain? _____

Is the pain constant? _____

Is the pain (circle all that apply) Aching Burning Stabbing Other _____

4. Is the pain the worst in the (circle all that apply) Morning Afternoon Evening Night

5. Have you ever injured or sustained any form of trauma or whiplash to your (circle all that apply)

Jaw Head Neck

6. What makes the pain better? _____

What makes the pain worse? _____

7. What medication (s) do you take or have you previously taken for your pain?

MEDICATION DOSE FREQUENCY

8. Please circle appropriate answer for the following questions:

- Does it hurt to chew? Yes No
- Does it hurt to open wide? Yes No
- Which side of your jaw makes a popping noise? Left Right
- Which side of your jaw makes a clicking noise? Left Right
- Which side of your jaw makes other noises? Left Right
- What noises?

- When did you first notice joint noises?

TMJ QUESTIONNAIRE

9. Please circle appropriate answer for the following questions:

- | | | |
|---|------|--------|
| • Has your jaw ever locked? | Yes | No |
| • Did it lock open or closed? | Open | Closed |
| When did this first happen? _____ | | |
| When did this last happen? _____ | | |
| Has your jaw ever slipped out of place? | Yes | No |
| Which side? | Left | Right |

10. Please circle appropriate answer for the following questions:

- | | | |
|--|-----|----|
| • Have you noticed a change in your bite? | Yes | No |
| • Did you notice a change at your front teeth? | Yes | No |
| • Did you notice a change at your back teeth? | Yes | No |
| • Has your profile changed? | Yes | No |
| • Have you noticed any crookedness or asymmetry in your jaw? | Yes | No |
| • When did you notice the asymmetry? _____ | | |

11. Please circle appropriate answer for the following questions:

- | | | |
|---|-----|-------|
| • Are your teeth sore or sensitive? | Yes | No |
| • Do you clench your teeth? | Yes | No |
| • Do you grind your teeth? | Yes | No |
| • Do you do this during the day or night? | Day | Night |
| • When did you start clenching or grinding? _____ | | |

12. Please circle appropriate answer for the following questions:

- | | | |
|--|-----|----|
| • Do you have problems with your ears? | Yes | No |
| • Dizziness? | Yes | No |
| • Hearing? | Yes | No |

13. Please circle appropriate answer for the following questions:

- | | | |
|---|-----|----|
| • Is it difficult to swallow? | Yes | No |
| • Is it painful to swallow? | Yes | No |
| • Have you noticed lumps in your face? | Yes | No |
| • Have you noticed lumps in your throat? | Yes | No |
| • Have you noticed lumps in your neck? | Yes | No |
| • Have you noticed lumps elsewhere? _____ | | |

14. Please circle appropriate answer for the following questions:

- | | | |
|---|-----|----|
| • Have you had any prior treatment for TMJ? | Yes | No |
| • Splint | Yes | No |
| • Nightguard | Yes | No |
| • Bite Adjustment | Yes | No |
| • Orthodontics | Yes | No |
| • Other? | | |
| _____ | | |
| _____ | | |

15. Describe the problems in your own words as you understand them:

16. Reports may be sent to my:

- Medical Doctor _____
- Dentist _____
- Other _____

Please Print Name

Patient Signature

Date